

Training Schedule
for Summer 2010
and Full Season
Training 2010/2011



**MANCHESTER
PHOENIX
JUNIOR ICE HOCKEY CLUB**

Summer Training for all ages

Tuesdays 3rd, 10th, 17th and 24th August
7pm to 9pm – combination of fitness skating and in-house

Season 2010/2011 Training starting w/c 31st August
Please note there are overlapping times for squads in order to maximise the ice time.
Please attend for your full training time.

U18's Mondays 20:30 to 21:30 (Off Ice joint with ENL at BTH)
U18's Mondays 22:15 to 23:15 (joint with ENL)

U10's Tuesdays 18:30 to 19:55
U12's Tuesdays 19:20 to 20:50
U14's Tuesdays 20:20 to 21:15 (ice cut 21:15)
U16's Tuesdays 21:30 to 22:30

U14's/U16's Thursdays 18:00 to 19:00 (Off Ice at BTH)
U14's/U16's Thursdays 19:45 to 20:45 (ice cut 20:45)
U18's Thursdays 21:00 to 22:00

Please make sure you are at the rink in plenty of time to be ready for the start of your session. Do not go onto the ice until told to by your coach. Full kit must be worn for every session.